

Welcome to the World Salsa Festival Pro/Am Latin Heats competition:

This page is for instructors to help facilitate enrolling their students.

We thank you for your interest in the first annual Pro/Am Latin Heats at The World Salsa Fest.

Listed below are the rules:

- This is a lead/follow division, rather than choreographed, designed to show the ability to connect with one's partner and display timing, musicality and creativity to whatever music is played. No lifts are permitted.

*All students must compete in their age category and may compete in the next youngest applicable age category

*All students must compete in their dance level and may compete in the next level category

Salsa on 1 and 2-Novice

*Only single turns allowed, no double turns, no triple turns within an 8 count musical bar

*One foot must be on the floor at all times

*No splits or lower portion of body on the floor at any time

*Novice must have less than one year in Salsa

Salsa on 1 and 2-Beginner

*Only single turns allowed, no double turns, no triple turns within an 8 count musical bar

*One foot must be on the floor at all times

*No splits or lower portion of body on the floor at any time

*Student must have less than 2 years experience in Salsa

Salsa on 1 and 2-Intermediate

*Double turns are allowed, no triple turns within an 8 count musical bar

*One foot must be on the floor at all times

*Student must have less than 3 years experience in Salsa

Salsa on 1 and 2-Advanced

*Single, double, triple and beyond turns allowed within an 8 count musical bar

*One foot must be on the floor at all times

- *Splits and floor tricks are allowed but must not exceed 50% of the competition time
- *No aerial stunts allowed

Bachata Traditional-Novice and Beginner

- *No head rolls, body rolls or back bends allowed
- *Only single turns allowed within an 8 count musical bar
- *One foot must be on the floor at all times
- *Novice must have less than 1 year of experience in Bachata Traditional
- *Beginner must have less than 2 years experience in Bachata Traditional

Bachata Traditional-Intermediate

- *No head rolls, body rolls or back bends allowed
- *Single and Double turns allowed within an 8 count musical bar
- *One foot must be on the floor at all times
- *Student must have less than 3 years experience in Bachata Traditional

Bachata Traditional-Advanced

- *No head rolls, body rolls or back bends allowed
- *Single, Double, Triple turns allowed within an 8 count musical bar
- *One foot must be on the floor at all times

Bachata Sensual-Novice and Beginner

- *Head rolls, body rolls and back bends allowed
- *Only single turns allowed within an 8 count musical bar
- *One foot must be on the floor at all times
- *Novice must have less than 1 year experience in Sensual Bachata
- *Beginners must have less than 2 years experience in Sensual Bachata

Bachata Sensual-Intermediate

- *Head rolls, body rolls and back bends allowed
- *Single and Double turns allowed within an 8 count musical bar
- *One foot must be on the floor at all times
- *Students must have less than 3 years experience in Sensual Bachata

Bachata Sensual-Advanced

- *Head rolls, body rolls and back bends allowed
- *Single, Double and Triple turns allowed within an 8 count musical bar
- *One foot must be on the floor at all times

Cha Cha Cha-Novice and Beginner

- *Students may break on 1 or 2 only
- *Only single turns allowed
- *One foot must be on the floor at all times
- *Novice Students must have less than 1 year experience in Cha Cha Cha
- *Beginner Students must have less than 2 years experience in Cha Cha Cha

Cha Cha Cha-Intermediate

- *Students must break on 2 only
- *Single and Double turns allowed.
- *One foot must remain on the floor at all times
- *Students must have less than 3 years experience in Cha Cha Cha

Cha Cha Cha-Advanced

- *Students must break on 2 only
- *Single, Double, Triple turns allowed within an 8 count musical bar
- *One foot must remain on the floor at all times

Merengue-Novice/Beginner/Int/Adv

- *One foot must be on the floor at all times
- *Novice must have less than 1 year experience in Merengue
- *Beginners must have less than 2 years experience in Merengue
- *Intermediate must have less than 3 years experience in Merengue
- *No aerial or floor level tricks allowed

Cumbia-Novice/Beg/Int/Adv

- *Colombian, Tex-Mex, Guaracha (Mexico City) of cumbia dance styles allowed
- *Novice students must have less than 1 year of Cumbia experience
- *Beginners must have less than 2 years experience in Cumbia
- *Intermediate must have less than 3 years experience in Cumbia
- *No aerial or floor level tricks allowed

Latin Hustle

- This is a lead/follow division, rather than choreographed, designed to show the ability to connect with one's partner and display timing, musicality and creativity to whatever music is played. No lifts are permitted.

- Timing: Recognized Latin Hustle Timing is designated for this competition as, and 1-2-3

Hustle - Novice and Beginner

- No diamonds and triple turns
- One foot must be on the floor at all times
- No splits or lower portion of body on the floor at any time
- No 5 or 6 count steps

Hustle - Intermediate

- Diamonds and triple turns are allowed
- One foot must be on the floor at all times
- No splits or lower portion of body on the floor at any time
- No 5 or 6 count steps

Hustle - Advanced

- Single, double, triple and beyond turns allowed within an 8 count musical bar
- One foot must be on the floor at all times
- Splits and floor tricks are allowed
- No aerial stunts allowed

ARGENTINE TANGO

Argentine Tango - Novice/Beginner

- NO lifts, splits, lower portion of body on the floor, or drops.
- One foot must be on the floor at all times.
- NO Carpas, Planeos, Enrosques, Volcadas or Colgadas

Argentine Tango - Intermediate

- NO lifts, splits, lower portion of body on the floor, or drops.
- One foot must be on the floor at all times.
- No Planeos, Enrosques or Colgadas.

Argentine Tango - Advanced

- No lifts or aerials,
- Splits and drops allowed
- One foot must be on the floor at all times.
- Carpas, Planeos, Enrosques, Volcadas and Colgadas allowed.

Kizomba/Zouk

- *Novice must have less than 1 year experience in Kizomba/Zouk
- *Beginners must have less than 2 years experience in Kizomba/Zouk
- *Intermediate must have less than 3 years experience in Kizomba/Zouk
- *No aerial or floor level tricks allowed

